

CROSSROADS
Caring
for **Carers**
HARRIS

ANNUAL
REPORT

2022-2023

Crossroads Care Harris
is a Scottish Charitable Incorporated Organisation
Charity Number SC050188

Crossroads Care Harris

Management Committee:

Chairperson - Mrs D MacLean

Vice-Chair - Mrs C I Morrison

Secretary - Mrs M Munro

Treasurer - Mrs K MacLeod

Financial Advisor - Mr R Morrison

Medical Advisor - Dr Naylor

Members:

Mrs C Morrison

Miss M Macaulay

Mrs Katie MacLeod

Mr A Fraser

Mr C N MacLeod

Mrs P MacKay

Mrs A Broadbent

Mrs E McNally (deceased 28/08/2022)

Mrs L Struthers (resigned 24/01/ 2023)

Ms C MacPhee (resigned 05/09/2022)

Secretary:

Mrs Morag Munro

Registered Office:

Room 15, Old Primary School, Tarbert, Isle of Harris, HS3 3BG

Bankers:

Bank of Scotland

Independent Examiner:

Mr Donald MacLeman, Old Mission House, Borge, Isle of Harris.

Service Manager:

Marion J MacDonald, 16hrs weekly

Admin Assistant:

Hazel MacLeod, 5 hrs weekly

Staff: Mrs Sandra MacLeod, Scalpay; Mrs Rosslyn MacSween, Scalpay (resigned March 2023); Mrs Heather Kemp, Scalpay; Mrs Kate MacSween, Tarbert; Mrs Elizabeth Gillies, Tarbert; Mrs Morag MacLeod, Meavaig North; Mrs Margo MacLeod, Scadabay; Mrs Marlyne MacKinnon, Leverburgh; Miss Chrissie M MacLeod, Northton; Mrs Mary Ann MacLeod, Northton; Mrs Susan MacLennan, Northton; Mrs Mary Ann MacSween, Scarista; Ms Kate Lewis, Meavaig North; Ms Lena Morrison, West Tarbert; Mrs Morag MacPherson, Carragrigh.

CHAIRPERSON'S REPORT 2022-2023

It is a pleasure to present the foreword to the Annual report for Crossroads Harris in this its 38th year.

It has been another very successful year for the service despite the many challenges that are faced in our community particularly as regards staffing issues. Despite this the service has continued to deliver care and support to provide the carers at home much needed respite which they are very thankful for.

We are extremely grateful to Marion our care Manager for her efficient management of the service. With her vast knowledge and experience of community nursing she is a huge asset to Crossroads. The service continues to be well organised and managed very efficiently. This was again demonstrated from the very meticulous scrutiny of the service at our recent inspection. We wish to thank and congratulate Marion on the excellent grades received.

We welcome Hazel Macleod to the team as admin assistant. She is already settling into her role and we are grateful for her expertise and know she will be an asset to the organisation.

We again want to record our grateful thanks to all our funding bodies who continue to support Crossroads Harris.

We want to sincerely thank the following:

Curam is slainte nan Eilean Siar: Muaitheabhal Community Windfarm Trust: Catherine M Macleod Trust: Councillors ward fund: Harris charity shop.

We also want to acknowledge the kindness and generosity of many in the community who continue to support Crossroads in various ways. We thank the local churches for their generous donations, the families who donate from funeral collections, local businesses and all other various donations. We sincerely want to thank you all.

The committee are delighted to have resumed our fund raising events after the covid restrictions and are so very grateful to all who continue to contribute and support in many ways either by practical support or by giving donations. The school's football tournament was again revived and a good competitive time was had by all. We are grateful to teachers and parents for their help in organising the event, also to Peggy and Kathleen for the sustenance goodies!! We would also like to thank Romy and the success of the on-line auction and a special thanks for the donations and all the bidders.

We again enjoyed an evening with our care attendants at the Harris hotel to express our sincere thanks for their hard work and dedication to the service. They are always so willing and provide a much appreciated service to the carers in allowing them precious respite time. We were delighted to have Mary Ann Macleod back with us after a period of ill health. We continue to send our best wishes to Betty Gilles and hope she will continue to make progress with her health issues.

After a sumptuous meal we bade farewell to one of our long standing Care Attendant, Roslyn Macsween who has given many years of dedicated service. She was presented with a monetary gift and flowers to express our thanks and wish her a long and blessed retirement.

I was delighted to have had the opportunity to visit Catherine Morrison (ex chairperson) at her home recently, enjoying the good fresh Harris air! She looked extremely well and we continue to remember her as she progresses with her medical care back in Glasgow.

We were very sorry as a committee to see Liz Struthers move to pastures new on the mainland. She has been a tremendous support to crossroads over the years which we again thank her for all she has done. She is greatly missed from our community. We trust they will be blessed with good health to enjoy their new home. We can truly say" Harris loss is Helmsdale gain"!

Sadly every year we offer our condolences to families who have lost loved ones. Ethel MacNally sadly passed away in August, she had devoted many years of service to crossroads and is very much missed in our community. We also offer our sympathy to Cathie Bell on the passing of her sister in June and to Hazel on the untimely passing of her sister in law.

Finally grateful thanks to all the committee for their dedication and support over the year. Two members need a special mention, Morag for all the selfless time, enthusiasm and energy she continues to give Crossroads, her ability knows no bounds! Also, a huge thanks to Kathleen for her efficient and meticulous management of our finances. It's a huge task well done! Thank you.

Dolly Maclean

Chair

SERVICE MANAGER'S REPORT

I started with Crossroads Care Harris on 2nd of May 2022 and have just completed my first year as Service Manager. I would like to thank the Secretary, Morag Munro and the Chair, Dolly Maclean for all the help and support they have provided me with over the past year, also the Care Attendants for their patience and flexibility as I got to grips with running the service.

We are thankful that most of the Covid 19 restrictions were removed around October 2022 and services returned to normal. Although the virus is still with us and flairs up from time to time, the strain appears to be much weaker and does not impact our communities to the same extent as before. This, of course, has been greatly helped by the ongoing vaccination programme.

On the 5th of December we employed Hazel MacLeod in the new post of Administrative Assistant, working 5 hours per week and this has proved very beneficial to the service, making full use of her many skills in administration.

We have had a very busy year and the service has provided 2,541 hours. We began with 21 service users and ended the year with 25. 15 referrals have been received during the year, 6 have gone into Residential Care, 1 has come off the service and sadly 8 have passed away and at end of March we have 2 on the waiting list.

The demand for the service has increased greatly over the past year and this has impacted on our staffing capacity. We had a long-term staff member retired in March 2023. At present we have fourteen Care Attendants, two are employed by Home Care and over the past year have not been available to do relief for us, one has gone back to full time work in Harris House and is very limited in the relief she can provide, one is on long-term sick leave, one is doing relief during school holidays and three are involved in seasonal work during summer months. Thankfully though, they are managing to keep on their regular clients but are unable to do any relief. This leaves nine who are doing regular hours. We have one new Care Attendant who is waiting for her PVG to come through and then will be able to start hopefully in the next few weeks. As you can see, staff recruitment remains a high priority.

Our annual Care Inspectorate visit took place on the 1st and 2nd of March 2023. This has been the first one undertaken since 2020 due to Covid. This was a full inspection and was carried out by two inspectors from the Care Inspectorate. The report of the visit is in the following pages.

I would like to finish by thanking the Care Attendants for all their hard work and commitment over the past year in providing an invaluable service to our community. Our clients hold them in high esteem and value the time they spend with them.

Marion J MacDonald,

Service Manager

THE LATE MRS ETHEL MCNALLY

Crossroads Care Harris, in common with the community at large, were shocked and saddened to hear of the passing of Ethel McNally of Scott Road, Tarbert after a short illness at the age of 85. Ethel kept herself so fit and healthy and people were always surprised when they learned her age! Shortly after coming to Harris with her family she became involved in the community. She was a Play Leader in the Tarbert Playgroup, when she led the mothers to set up the Harris Half Marathon as a fundraising venture. She continued to run the Half Marathon for many years until it became part of a wider group of marathons held throughout the islands. In 2016 she had the honour of carrying the baton in the Queen's Baton relay. While the mothers in the running group fell away one by one, Ethel remained and was still running shortly before her illness.

Many people knew her best when she worked in the Bank of Scotland, Tarbert. After retiring she was employed by Volunteer Centre Western Isles in Harris. She worked in a large variety of voluntary roles. She did a lot of work with young people doing their Duke of Edinburgh Awards. She was Treasurer for Harris Voluntary Service for many years and was currently Treasurer and volunteer with Harris Charity Shop.

She was one of the first group of care attendants which Crossroads Care Harris recruited when it started in 1985 and remained a loyal and willing care attendant until she retired in 2018 after 33 years of service. Her swimming prowess enabled Crossroads to provide swimming opportunities for young people with disabilities. After this she became a member of the Committee.

Ethel will be sadly missed by all her friends and the many organisations she was involved with, but she will be missed most of all by her immediate family. Our heartfelt sympathy goes to her husband John, sons Jonathon and Scott, their families and her grandchildren to whom she was devoted.



MOVING ON

The Crossroads Committee were sorry to part with Liz Struthers as she moves from Harris to Helmsdale.

Liz has been a stalwart of the committee since she joined many years ago and has made a huge contribution to the Service and especially to fundraising events. Who can forget her lovely soups at our Fundraising Cafes!

The committee enjoyed a cup of tea with Liz after their recent meeting to bid her Godspeed.



Our photograph shows Liz receiving a bouquet of flowers from Vice Chair Cathie Bell Morrison, who thanked her for her contribution to Crossroads and wished her every blessing in her new home in Helmsdale.

Liz is also donating part of her Scarr Hall award to Crossroads and we are very grateful to her.

TRAINING

All our Care Attendants have now completed their mandatory training and online modules for the 2022- 2023 year.



The photograph shows some of our Care Attendants at a Moving and Handling training session in Stornoway in October 2022.

FOOTBALL TOURNAMENT

In December 2022 Sir E Scott Secondary School held their first Crossroads Football Tournament, Team Sparky won and Kieran MacNally was Player of the Tournament.

The Primary Football Tournament has been postponed and scheduled to take place on 10th May 2023.

The photograph shows Crossroads Treasurer Kathleen Macleod presenting the trophy to the Secondary winners Team Sparky



The photograph shows the Runners Up

The photograph shows the Player of the Tournament

Kieran MacNally



Details of Care Provision

1st April 2022 – 31st March 2023

MONTH	No of clients on the books at the end of the month	No of Hours Provided
April 2022	21	222
May 2022	20	187
June 2022	21	231
July 2022	22	201
August 2022	21	193
September 2022	20	195
October 2022	23	200
November 2022	22	221
December 2022	24	215
January 2023	28	237
February 2023	27	235
March 2023	25	204
TOTAL		2,541

DONATIONS

We received a donation of £710 from Harris Football Club in memory of Ethel McNally. The photograph was taken at a Lunch in Harris Hotel enjoyed by some Service Users and Care Attendants, which was kindly provided by West Harris Trust. Many thanks to them all for

John McNally presenting
the cheque to
Rosslyn MacSween,
Crossroads Care
Attendant.



We received a generous grant of £2,000 from Harris Charity Shop. Crossroads has benefited from donations from the Shop every years since its inception in 1985.



Crossroads Care Harris Treasurer, Kathleen Macleod accepting the cheque from
Miranda Campbell, Chair of Harris Charity Shop.

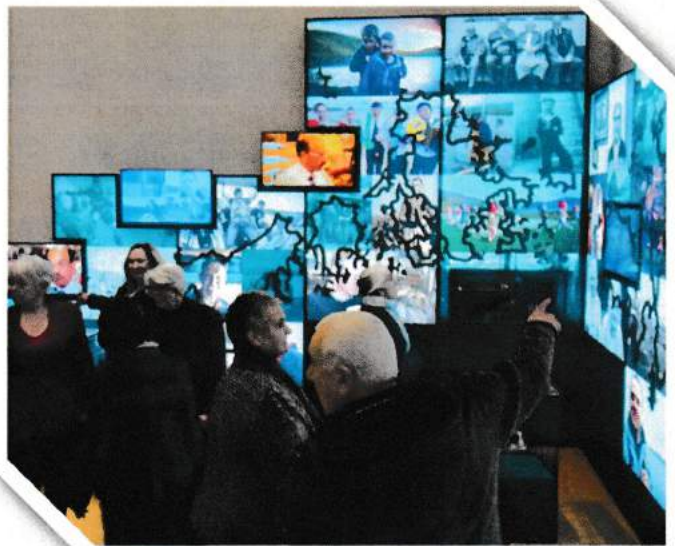
CARERS OUTING

We were able to re-instate the Annual Carers' Outing this year. The last outing was in September 2019 prior to lockdown. The Outing on 28 February was to Stornoway. Those who attended enjoyed lunch at the County Hotel, a visit to Museum na Eilean in Lews Castle and then dinner at Eleven. A spin to North Tolsta was also fitted in.



Lunch at the
County Hotel

The Exhibition at the Museum was most interesting with people being able to see video of the changing seasons, historical information and recognising photographs of some past and also some present worthies.



We were fortunate with the weather and the day was enjoyed by all. We are indebted to our long-suffering driver, Donnie Mackay for his care and consideration and to his side kick, committee member, Angus Fraser for looking after us so well. Our numbers were down this year and that may have been due to people being wary of COVID and maybe the time of year. In future we hope to aim at having the Outing at a time when it is still light in the evening.

CARE ATTENDANTS DINNER

In 2022 we held a dinner for Care Attendants in appreciation of their commitment and effort during the pandemic. We decided then to make it an annual event, to show our appreciation to our hardworking staff.

This year the dinner was held in the Harris Hotel on 21st of March and we enjoyed a very nice meal in convivial company.



RETIREMENT

Congratulations to Rosslyn MacSween on her retirement. Rosslyn has been a Care Attendant with Crossroads Care Harris for 15 years. Dolly MacLean, the Chair, paid tribute to Rosslyn's dedication, willingness and professionalism.

She was highly thought of by clients, carers and colleagues and will be greatly missed.

We wish her every happiness in her retirement.

Rosslyn presented with a monetary gift and flowers at the Care Attendants dinner at the Harris Hotel on the 21st March. 2023



CROSSROADS CARE HARRIS

CARER SURVEY 2022

Carer Questionnaires

10 carer questionnaires were sent out in November 2022. 9 carer questionnaires have been returned. The questionnaires were sent only to those who were receiving a service during the year.

All respondents were very happy with the level of information. All agreed that it was available in a suitable language and format.

All 9 replied "yes" to the questions regarding the information received when the service started.

All agreed with the positive statements about the skills, conduct and service provided by the care attendants.

Comments were:

"Care attendants works round our family needs and treat us with respect."

"All the Care Attendants are very helpful to me, efficient, respectful and dependable."

"I find them all to be very kind to my father and are good at dealing with his dementia by showing this in talking to him."

All agreed with the positive statements about the co-ordinator's manner, listening, involving them in the service.

Comments:

"Service Manager always there when we need her."

"I find Marion to be very easy to talk to and will always endeavour to give me care, when asked."

All agreed that the service was provided at the times they wanted it and that it met their needs. All 9 were very satisfied.

Comments:

"By allowing me to attend appointments whilst leaving him in good care. I know he is well looked after allowing me to enjoy time for myself with no worries."

"Crossroads Service has helped me so much enables me to attend Church services also any other appointments, I have to go to."

"The service has allowed me time to myself to see friends/family and give me a break from caring."

"Knowing there is someone coming to make sure that everything is ok."

"The service gives us respite and recharges our batteries which we appreciate, we do a lot of walking and benefit from that."

In answer to the question asking if they wished to be involved in a Participation Group 7 answered "no" and two did not respond. One was happy to participate in a forum 7 answered "no" to joining the 'Forum' and one did not respond. In answer to the question asking if they were interested in helping to recruit staff, 6 answered "no", one did not respond, two answered "yes".

Comment:

"Could have occasional online meetings."

"I am satisfied with the service provided."

"Carry on with wonderful service."

CROSSROADS CARE HARRIS

USER SURVEY 2022

User Questionnaires

13 User questionnaires were sent out in November 2022. 11 User questionnaires have been returned. The questionnaires were sent only to those who received a service.

All were very happy with the level of information provided.

9 replied "yes" to the questions regarding the information received when the service started and all 9 felt they were fully involved in preparing the plans. 2 replied "no" both users have Dementia. All knew they could ask for a review at any time.

All agreed with the positive statements about the skills, conduct and service provided by the care attendants.

Comments were:

"My care attendants are great, take me out and about charity shops, cafes etc."

"I am very pleased with all the care and respite she gives to me in my home."

"Very much, as the more physically disabled I become, I anticipate that I may need your services increased in the future, as my health becomes more compromised."

"I am very happy with the care I get at all times."

All agreed with the positive statements about the Manager's manner and involving them in the service.

Comments:

"Very approachable."

"Management are there when I need them."

All agreed that the service provided at the times they wanted it. All said it met their needs. All were very satisfied.

Comments:

"Satisfaction of knowing there is someone coming to see me and keeping me up to date to my needs."

"Could not manage without her care."

"The service has helped me as a service user, I get out and about something I love, my family benefit from that too."

In answer to the question asking if they wished to be involved in a Participation Group 7 answered "no", two answered "yes" and two did not respond. 8 answered "no" to joining the 'Forum', 3 did not respond. In answer to the question asking if they were interested in helping to recruit staff, 7 answered "no", three did not respond, one answered "yes".

Comments:

"Crossroads is a great service."

CARE INSPECTORATE REPORT MARCH 2023

This was a full inspection which took place on 2 March 2023 between 10.15am and 5.20pm and 3 March between 11.10am and 5pm. The inspection was carried out by 2 inspectors from the Care Inspectorate. To prepare for the inspection we reviewed information about this service. This included registration information and information submitted by the service. In making our evaluations of the service we: - Spoke with 9 people using the service and 5 of their family members - Spoke with 5 staff and management - Observed staff engagement with people - Reviewed documents - Spoke with 1 professional via email

Key messages

- People told us they were very happy with the support workers and highly valued the support they were provided with.
- People told us how well organised and professional the service was.
- The service would benefit from more formal audits of care plans.
- The service would benefit from the development of a contingency plan.

From this inspection we evaluated this service as:

In evaluating quality, we use a six point scale where 1 is unsatisfactory and 6 is excellent

How well do we support people's wellbeing? 5 - Very Good

How good is our leadership? 5 - Very Good

How good is our staff team? 5 - Very Good

How well is our care and support planned? 5 - Very Good

Further details on the particular areas inspected are provided at the end of this report.

DETAILED EVALUATION

How well do we support people's wellbeing? 5 - Very Good

1.1 People experience compassion, dignity and respect 5 - Very Good

1.3 People's health and wellbeing benefits from their care and support 5 - Very Good

1.5 People's health and wellbeing benefits from safe infection prevention and control practice and procedure 5 - Very Good

How good is our leadership? 5 - Very Good

2.2 Quality assurance and improvement is led well 5 - Very Good

How good is our staff team? 5 - Very Good

3.2 Staff have the right knowledge, competence and development to care for and support people 5 - Very Good

How well is our care and support planned? 5 - Very Good

5.1 Assessment and personal planning reflects people's outcomes and wishes 5 - Very Good

The full report can be seen on the Care Inspectorate website

<https://www.careinspectorate.com>

TREASURER'S REPORT

The bank balance at 31 March 2023 was £105,955.27. This figure is an increase of £7952.85 on the balance at 31/3/2022. We are very grateful and fortunate to have such a healthy balance.

We received our usual grants which we very much appreciate as they are our main sources of income. These are detailed in the Statement of Receipts and Payments published within the report.

We were able to restart fundraising and held our sale of work, coffee morning/lunch, a café at the Charities Fayre in December, and a very successful online auction which raised over £3000. We produced calendars again and had a profit of over £1500 from these. We had a payment of £982 from the Bank of Scotland from their "matchfunding" scheme. Two of their members of staff helped out at our café at the Charities Fayre enabling us to apply for this funding. It was great to have them there, they were very efficient waitresses. All these activities greatly helped boost our bank balance.

Once again we received a lot of donations from individuals and various organisations within the community who are very supportive towards the work of Crossroads. Donations have come too from people who are not local but have connections to Harris. These are very much appreciated. It means a lot to know so many people think highly of our organisation and are willing to contribute so much.

We are grateful to Judi at HVS who administers our payroll, and to Danny McLeman, Borge, who very kindly audits the accounts for us.

Kathleen Macleod

Treasurer

24 April 2023

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2023

The Trustees present their report together with the financial statements and the independent examiner's report for the year ended 31 March 2023.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity Name:	Crossroads Care Harris
Charity Number:	SC050188
Contact Address:	The Old Primary School, Tarbert, Isle of Harris, HS3 3BG
Current Trustees:	Mrs Dolina Maclean (Chair) Mrs Catherine I Morrison (Vice-Chair) Mrs Kathleen Macleod (Treasurer) Mrs Morag Munro (Secretary) Mrs Catherine Morrison Miss Mary Macaulay Mrs Katie Macleod Mrs Peggy Mackay Mrs Elizabeth Struthers (Resigned 24.01.23) Mrs Anne Broadbent Mrs Ethel McNally (Deceased 28.08.22) Ms Carolyn MacPhee (Resigned 05.09.22) Mr Ronald C Morrison Mr Angus Fraser Mr Calum N Macleod
Independent Examiner:	Mr D McLeman, Borge Hall, Borge, Harris
Bankers:	Bank of Scotland, Tarbert, Harris, HS3 3DB

STRUCTURE, GOVERNANCE AND MANAGEMENT

Constitution

Crossroads Care Harris is a Scottish Charitable Incorporated Organisation registered with OSCR on 28 May 2020 and was registered with SCISWS on 23 December 2020. The purposes and administration arrangements are set out in the constitution.

Appointment of Trustees

Trustees, minimum number 6 and maximum number 20, are appointed or reappointed by members at the annual general meeting which is held in May/June of each year. Membership is open to interested members of the Harris community.

Volunteers

The Charity is dependent on volunteers for their continued support. The Trustees wish to place on record their thanks to all who helped during the year to make the charity a success.

TRUSTEES ANNUAL REPORT
FOR THE YEAR ENDED 31 MARCH 2023

PURPOSES

The organisation's purposes are generally to carry out, within Harris, the objects of the organisation and particularly to provide a high quality service in the community to enable carers to take time off when needed and to support those who live alone and struggle with ill-health or loneliness.

ACHIEVEMENTS AND PERFORMANCE

The Trust has continued to provide respite care in the home to 28 service users and have provided respite to 13 carers and 12 family carers who are non-resident. They have also continued to support service users living alone, providing company, stimulation and combating loneliness. Support has been provided for a young person with disabilities. Mandatory staff training plus training geared to user needs has been provided online using Careskills Academy. Practical Moving and Handling and First Aid Training has been provided by WICCF Trainers. The Service is facing staff shortages and recruitment of staff has been targeted.

FINANCIAL REVIEW

Summary

Balance at the bank on 31 March 2023 was £105,955. Income amounted to £75,849 and expenditure was £67,896, leaving a surplus of £7,953.

Reserves Policy

Crossroads Care Harris has a Reserves policy which stipulates that the Service retains enough reserves to be able to continue the service for six months in the event of grant funding expiring. Many of the staff are long standing and would be entitled to redundancy payments. This is also covered by our Reserves.

Approved by the Trustees on and signed on its behalf:



Dolina M Maclean
Chair

28 April 2023

**INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2023**

Independent Examiner's Report to the Trustees of Crossroads Care Harris

I report on the accounts of the charity for the year ended 31 March 2023 which are set out on pages 6-9.

Respective responsibilities of Trustees and Examiner

The charity trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 ("the 2005 Act") and the Charities Accounts (Scotland) Regulations 2006 (as amended) ("the 2006 Regulations"). The charity's trustees consider that the audit requirement of Regulation 10(1)(d) of the 2006 Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1)(c) of the 2005 Act and to state whether particular matters have come to my attention.

Basis of Independent Examiner's Statement

My examination is carried out in accordance with the Regulation 11 of the 2006 Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent Examiner's Statement

In connection with my examination, no matter came to my attention:-

- 1 which gives me reasonable cause to believe that in any material respect, the requirements:
 - to keep accounting records in accordance with Section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Regulations, and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Regulations have not been met or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

D McLeman
Independent Examiner
Borve Hall
Harris
Date: 13TH APRIL 2023



**STATEMENT OF RECEIPTS AND PAYMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

Note		2023	2022
Receipts			
Grants –	IJB	£33163	£33163
	Muaitheabhal CWT	£5000	£5000
	SG Furlough grant	0	£1409
	C M Macleod Trust	£3000	£3000
	Councillors Ward Fund	£2100	£2100
	Harris Charity Shop	£2000	£2500
	Carers Winter Pressures Fund	0	£500
	Carers Support Funding	£8500	0
5	Donations	£10764	£13765
	Spot Purchase	£1585	£3148
	Fundraising	£9737	£3673
	Total Receipts	£75,849	£68,258
Payments			
6	Cost of charitable activities	£67,721	£67,246
	Governance Costs	£175	£35
	Total Payments	£67,896	£67,281
	Surplus for the period	£7953	£977

The notes on pages 8-9 form an integral part of these accounts

**STATEMENT OF BALANCES
AS AT 31 MARCH 2023**

	2023	2023
Funds Reconciliation		
Cash at Bank (1.4.22)	£98,002	£97,025
Surplus (deficit)	£7953	£977
Cash at Bank (31.3.23)	£105,955	£98,002
Cash and Bank Balances		
Cash at Bank	£105,955	£98,002
Other Assets		
Equipment - laptop/phone (£700/£141) filing cabinet (£132)	£973	£300
Total other assets	none	
Liabilities	- none	

The notes on page 8 form an integral part of these accounts

Approved by the Trustees on and signed on their behalf by

Dolina M Maclean
Dolina M Maclean
Chair

Kathleen Macleod
Kathleen Macleod
Treasurer

Date 9.5.23

9.5.23

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

1 Basis of Accounting

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

2 Fund Accounting

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity.

- (a) Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes. The charity does not currently have any restricted funds.

3 Taxation

The charity is not liable to income tax or capital gains tax on its charitable activities. Irrecoverable VAT is included in the payment to which it relates.

4 Related Party Transactions

- (a) The Secretary was paid £839 to cover Service Manager's post until the new Manager was appointed..
- (b) The Treasurer and Secretary were paid an honorarium of £750. No other trustee or anyone connected to the Trust received any expenses during the year.

5 Donations

	2023	2022
Anonymous	£3927	£2847
Funeral Donations	£2140	£2230
Churches	£2092	£835
Organisations	£2417	£5033
Collecting jars	£188	
Spot purchases	£1585	£3148
Carers' support funding/winter pressure	£8500	£500
Fundraising	£9737	£3673

6 Cost of Charitable Activities

Staff Costs	Care attendants	£34,029	£38,106
	Service Manager	£11,806	£13,819
	Travel	£8,732	£7,969
Administration (postage, telephone photocopying, consumables, website)		£5,368	£588
Insurance		£1,763	£1630
Training		£359	£359
HVS and WICCF membership		£95	£95
Professional fees (PVG, SSSC Care Inspectorate, ICO)		£1118	£916
Presentations		£400	£2,639

Printing of calendars	£948	£1125
Office equipment	£973	
Honorarium	£1500	
Football tournament	£129	0
Carers' outing/care attendants' meal	£501	
Fundraising	£145	
7 Governance costs		
Independent Examiners Fee	0	0
Room hire for meetings	£30	£35